

Triatlon za pokal Istre

24 Maj 2025
Koper - Slovenija



MESTNA OBČINA KOPER
COMUNE CITTÀ DI CAPODISTRIA

INFORMACIJE

Športno društvo 3Šport vas vabi na Triatlon za pokal Istre, ki poteka na edinstveni lokaciji ob morju!

Dogodek je organiziran pod okriljem Športnega društva 3Šport, triatlonskega kluba iz Kopra.

Prireditveni prostor: Center vodnih športov, Istrska cesta 70, 6000 Koper

Registracija

Spletna stran: <https://prijavim.se/>

Prijave so odprte do srede, 21. 05. 2025.

Za zamudnike bodo prijave možne tudi na dan tekme.



Kategorije in razdalje

MINI AKVATLON

KATEGORIJA	ROJENI LETA	RAZDALJE
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Cicibani in cicibanke	2016-2018	50 m plavanja 200 m teka
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Mlajši dečki in mlajše deklince	2014-2015	200 m plavanja 400 m teka
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SUPER SPRINT SD TRIATLON

KATEGORIJA	ROJENI LETA	RAZDALJE
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Starejši dečki in starejše deklince	2012-2013	300 m plavanja 5 km kolesarjenja 1 km teka
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SUPER SPRINT TRIATLON

KATEGORIJA	ROJENI LETA	RAZDALJE
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Kadeti in kadetinje	2010-2011	300 m plavanja 10 km kolesarjenja 2,3 km teka
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Mlajši mladinci in mlajše mladinke	2008-2009	300 m plavanja 10 km kolesarjenja 2,3 km teka
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TRIATLON ZA VSAKOGAR

KATEGORIJA

ROJENI LETA

RAZDALJE

Rekreativni športniki

2011 in starejši

300 m plavanja

10 km kolesarjenja

2,3 km teka

DRŽAVNO PRVENSTVO: STANDARD TRIATLON

KATEGORIJA

ROJENI LETA

RAZDALJE

Starejši mladinci in starejše mladinke

2006-2007

1.500 m plavanja

38 km kolesarjenja

10 km teka

Člani I in članice I

1996-2005

1.500 m plavanja

38 km kolesarjenja

10 km teka

Člani II in članice II

1986-1995

1.500 m plavanja

38 km kolesarjenja

10 km teka

Veterani I in veteranke I

1981-1985

1.500 m plavanja

38 km kolesarjenja

10 km teka

Veterani II in veteranke II

1976-1980

1,500 m swimming

38 km cycling

10 km running

Veterani III in veteranke III	1971-1975	1.500 m plavanja 38 km kolesarjenja 10 km teka
Veterani IV in veteranke IV	1966-1970	1.500 m plavanja 38 km kolesarjenja 10 km teka
Veterani V in veteranke V	1961-1965	1.500 m plavanja 38 km kolesarjenja 10 km teka
Veterani VI in veteranke VI	1956-1960	1.500 m plavanja 38 km kolesarjenja 10 km teka
Veterani VII in veteranke VII	1955 in starejši	1.500 m plavanja 38 km kolesarjenja 10 km teka
Ženske štafete	2006 in starejši	1.500 m plavanja 38 km kolesarjenja 10 km teka
Moške štafete	2006 in starejši	1.500 m plavanja 38 km kolesarjenja 10 km teka
Mešane štafete	2006 in starejši	1.500 m plavanja 38 km kolesarjenja 10 km teka

AKVABIKE

KATEGORIJA

ROJENI LETA

RAZDALJE

Absolutno

2006 in starejši

1.500 m plavanja

38 km kolesarjenja

Prijavnine

skupinske prijave: 10 % popusta za skupine nad 10 oseb.

	Pred 24. 4.	24. 4. – 21. 5.	Na dan prireditve, 24.5.
Akvatlon	15 EUR	15 EUR	15 EUR
Triatlon za vsakogar	35 EUR	40 EUR	50 EUR
Super sprint triatlon	35 EUR	40 EUR	50 EUR
Standard triatlon	50 EUR	60 EUR	70 EUR
Standard triatlon - štafeta	80 EUR	90 EUR	110 EUR
Akvabike	40 EUR	50 EUR	55 EUR

Plačilo:

IBAN: SI56101000045433340, Intesa Sanpaolo Bank, SWIFT: BAKOSI2X

ŠD 3ŠPORT, Piranska cesta 6, 6000 Koper

Namen: »Triatlon 2025«

Program

8.00 – 14.00	Prijave (Center vodnih športov Žusterna, Koper)
10.55	Sestanek mini akvatlon CICI
11.00	START: Mini Akvatlon CICI
11.10	Sestanek mini akvatlon mlajši dečki in deklice
11.15	START: Mini akvatlon mlajši dečki in deklice
11.30 – 11.50	Odprt menjalni prostor za triatlon za vsakogar in super sprint triatlon
11.55	Sestanek super sprint triatlon
12.00	START: Super Sprint SD Triatlon
12.25	Odprt menjalni prostor za triatlon za vsakogar in super sprint triatlon
12.30	START: Super Sprint Triatlon – kadeti in kadetinje, mlajši mladinci in mladinke
12.40	START: Triatlon za vsakogar
13.20 - 13.45	Praznjenje menjalnega prostora po super sprint triatlonu in triatlonu za vsakogar
13.45 - 14.05	Odprt menjalni prostor za standard triatlon in akvabike
14.10	Sestanek standard triatlon in akvabike
14.15	START: Standard Triatlon (moški in štafete)
14.20	START: Standard Triatlon (ženske)
14.20	START: Akvabike
15.00	Podelitev priznanj super sprint SD, super sprint, triatlon za vsakogar
17.30	Podelitev priznanj standard triatlon



Informacije za tekmovalce

- Tekmuje se na lastno odgovornost.
- Tekmuje se po pravilih Triatlonske zveze Slovenije.
- Na kolesarskem delu tekmovanja je dovoljeno kolesariti v zavetrju. Pripomočki, ki zmanjšujejo zračni upor in aero nastavki so prepovedani. Več o pravilih: <https://triatlonslovenije.si/pravila/>
- Vsi tekmovalci prejmejo nagrado organizatorja in praktična darila sponzorjev.
- Organizator ima pravico do spremembe razpisa.
- Parkiranje bo možno na parkirišču v Žusterni in na okoliških parkiriščih.
- Osrednji prireditveni prostor, kjer bodo registracije, starti, menjalni prostor, cilji in razglasitve bo v Centru vodnih športov v Žusterni. Tam bodo na voljo tudi sanitarije in tuši.
- Registracije bodo mogoče na dan prireditve med 8.00 in 14.00.
- Trase so objavljene na spletni strani prireditve: <https://triatlon-istra.com>

Prostovoljci

Vsaka prireditev je mogoča le z armado prostovoljcev, ki poskrbijo za varnost udeležencev, urejene trase, nemotene registracije, hidracijo in vse ostale vidike tekme.

Vsi, ki se nam želite pridružiti na ta dan, ste vljudno vabljeni, da pošljete svoje kontaktne podatke na info@sd3sport.com.

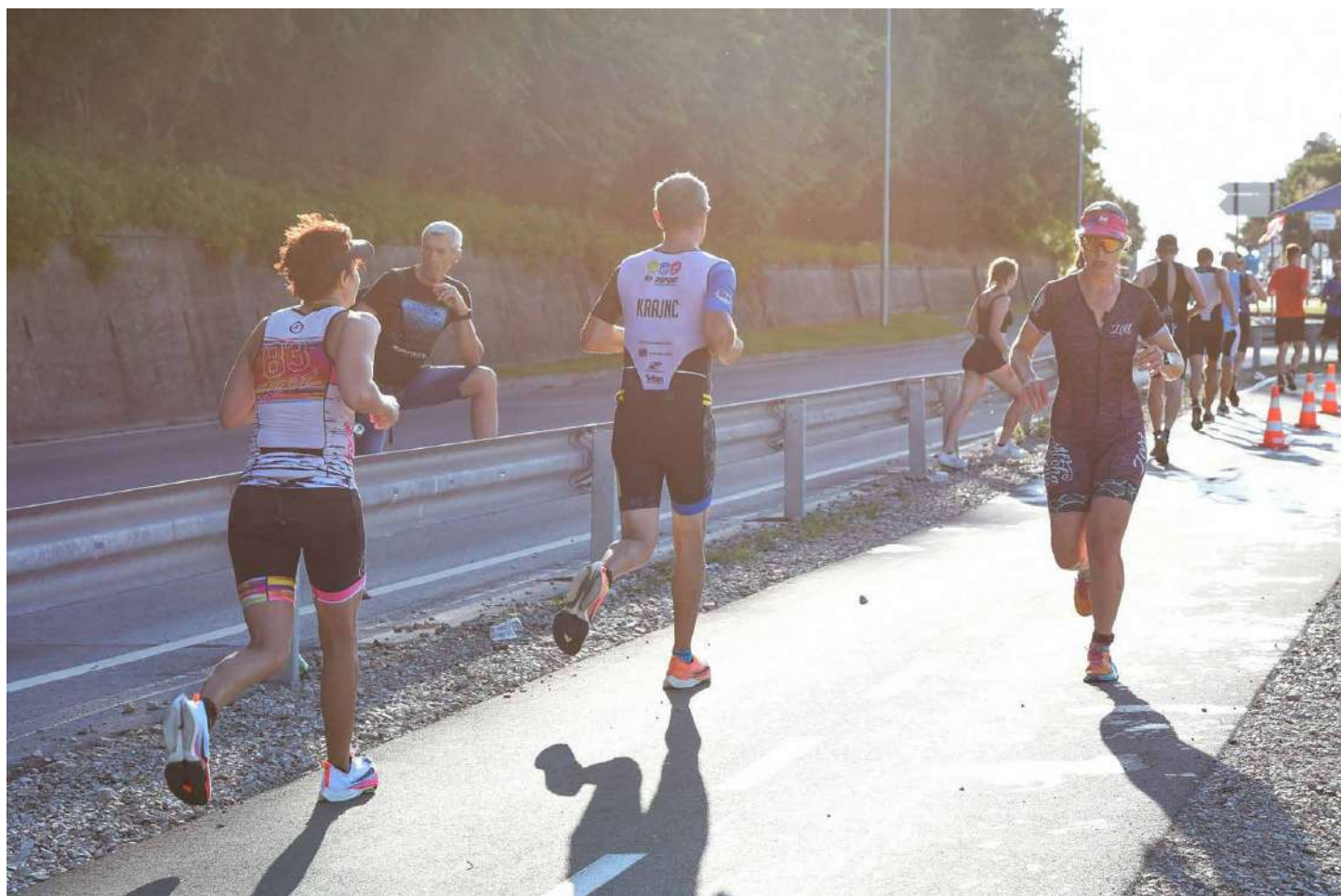
Kontaktne informacije

Email: info@sd3sport.com

Telefon: +386 70 71 55 77

Spletna stran: <https://triatlon-istra.com>

Facebook: @šd 3 šport



Triathlon Istria Cup



24 May 2025
Koper - Slovenia



MESTNA OBČINA KOPER
COMUNE CITTÀ DI CAPODISTRIA

INFORMATION

Sport Club 3Šport is inviting you to a Triathlon Istria Cup, one of the most beautiful triathlon in Slovenia!

This event is organised by Sport Club 3Šport, a triathlon and recreational club located in Koper.

Central Area: Koper, Žusterna: Centre of water sports, Istrska cesta 70, 6000 Koper

Registration

Website: <https://prijavim.se/>

Registrations are open until Wednesday, 21 May 2025.

For latecomers, registrations will also be possible on the day of the race.



Categories and distances

MINI AQUATHLON

CATEGORY (SLO)	BORN IN	DISTANCES
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Cici kids	2016-2018	50 m swimming 200 m running
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Juniors (boys and girls)	2014-2015	200 m swimming 400 m running
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SUPER SPRINT SD TRIATHLON

CATEGORY (SLO)	BORN IN	DISTANCES
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Older boys and girls	2012-2013	300 m swimming 5 km cycling 1 km running
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SUPER SPRINT TRIATHLON

CATEGORY (SLO)	BORN IN	DISTANCES
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Cadets (boys and girls)	2010-2011	300 m swimming 10 km cycling 2.3 km running
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Junger boys and girls	2008-2009	300 m swimming 10 km cycling 2.3 km running
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TRIATHLON FOR EVERYONE

CATEGORY (SLO)

BORN IN

DISTANCES

Recreational athletes

2011 and earlier

300 m swimming

10 km cycling

2.3 km running

STATE CHAMPIONSHIP:

STANDARD TRIATHLON

BORN IN

DISTANCES

CATEGORY (SLO)

Senior juniors (boys and girls)

2006-2007

1,500 m swimming

38 km cycling

10 km running

Seniors I (men and women)

1996-2005

1,500 m swimming

38 km cycling

10 km running

Seniors II (men and women)

1986-1995

1,500 m swimming

38 km cycling

10 km running

Veterans I (men and women)

1981-1985

1,500 m swimming

38 km cycling

10 km running

Veterans II (men and women)

1976-1980

1,500 m swimming

38 km cycling

10 km running

Veterans III (men and women)	1971-1975	1,500 m swimming 38 km cycling 10 km running
Veterans IV (men and women)	1966-1970	1,500 m swimming 38 km cycling 10 km running
Veterans V (men and women)	1961-1965	1,500 m swimming 38 km cycling 10 km running
Veterans VI (men and women)	1956-1960	1,500 m swimming 38 km cycling 10 km running
Veterans VII (men and women)	1955 and earlier	1,500 m swimming 38 km cycling 10 km running
Women relay	2006 and earlier	1,500 m swimming 38 km cycling 10 km running
Men relay	2006 and earlier	1,500 m swimming 38 km cycling 10 km running
Mixed relay	2006 and earlier	1,500 m swimming 38 km cycling 10 km running

AQUABIKE

CATEGORY (SLO)

BORN IN

DISTANCES

Absolut

2006 and earlier

1,500 m swimming

38 km cycling

Entry Fees

Group applications: 10 % of discount for groups of 10 people or more.

Before 24. 4.

24. 4. – 21. 5.

Event day, 24.5.

Aquathlon

15 EUR

15 EUR

15 EUR

Triathlon for everyone

35 EUR

40 EUR

50 EUR

Super sprint triathlon

35 EUR

40 EUR

50 EUR

Standard triathlon

50 EUR

60 EUR

70 EUR

Standard triathlon -relay

80 EUR

90 EUR

110 EUR

Aquabike

40 EUR

50 EUR

55 EUR

Payment:

IBAN: SI56101000045433340, Intesa Sanpaolo Bank, SWIFT: BAKOSI2X

ŠD 3ŠPORT, Piranska cesta 6, 6000 Koper

Aim: »Triatlon 2025«

Timeline

8.00 – 14.00	Registrations (Centre of water sports Žusterna, Koper)
10.55	Meeting mini aquathlon CICI
11.00	START: Mini Aquathlon CICI
11.10	Meeting mini aquathlon Juniors
11.15	START: Mini Aquathlon Juniors
11.30 – 11.50	Transition zone for triathlon for everyone and super sprint triathlon open
11.55	Meeting super sprint triathlon
12.00	START: Super Sprint SD Triathlon
12.25	Meeting triathlon for everyone and super sprint triathlon
12.30	START: Super Sprint Triathlon – Cadets (boys and girls), Juniors (boys and girls)
12.40	START: Triathlon for everyone
13.20 - 13.45	Emptying transition zone after triathlon for everyone and super sprint triathlon
13.45 - 14.05	Open transition zone for standard triathlon and aquabike
14.10	Meeting standard triathlon and aquabike
14.15	START: Standard Triathlon (men and relays)
14.20	START: Standard Triathlon (women)
14.20	START: Aquabike
15.00	Announcement of results and awards ceremony for super sprint SD triathlon, super sprint triathlon and triathlon for everyone
17.30	Announcement of results and awards ceremony for standard triathlon



Information for competitors

- Everybody competes at their own risk.
- The race is organised in line with the rules of the Triathlon association of Slovenia.
- This is a draft cycling race. Aero bars, full rims and other aids decreasing air resistance are not allowed. More about the rules: <https://triatlonslovenije.si/pravila/>.
- All competitors will receive organiser's prize and practical gifts from sponsors.
- Organiser has the right to modify the race.
- Parking will be possible on parking in Žusterna and surrounding parking lots.
- Central area with registrations, starts, transition zone, finish line and ceremonies will be at the Water Sports Centre in Žusterna. Toilets and showers will be available.
- Registrations will be possible on the day of the race from 8.00 to 14.00.
- Courses are marked on the webpage of the race: <https://triatlon-istra.com>.

Volunteers

Each event is possible only with the mass of volunteers, who take care of safety, course, smooth registrations, hydration and all other race aspects.

If you would like to join us, please contact us at info@sd3sport.com.

Contact information

For any inquiries on this project, reach out to:

info@sd3sport.com, +386 70 71 55 77

<https://triatlon-istra.com>

